

Meal Prices

Breakfast		Lunch	
Grades PK-6	\$1.75	Grades PK-6	\$3.00
Grades 7-12	\$1.80	Grades 7-12	\$3.05
Adult	\$2.05	Adult	\$3.55
Extra Entrée	\$1.00	Extra Entrée	\$1.55
Extra Milk	\$0.45	Extra Milk	\$0.45

December

Irene – Wakonda School District Middle/High School Menu



Monday

Are You Hungry... All Lunch Meals Include a Nutrient Packed Fruit and Vegetable Bar.

Eat Your 5 servings
Everyday!



Tuesday

Dairy Benefits:

- Brain Development
- Strong Bones/Teeth
- Sports Recovery
- Disease Prevention
- Maintain Strong Muscles & Bones



For more info visit:
www.midwestdairy.com

Wednesday

Thursday

Friday

Breakfast Pizza 5

- A. Italian Dunker
- B. BBQ Meatball Sub
- C. Cold Cut Sub

Carrots

Sausage Pancake Stick 6

- A. Sloppy Joe
- B. Hot Dog on Bun
- C. Italian Sub

French Fries

Long John Donut 7

- A. Macaroni & Cheese w/Bread
- B. Taco Quesadillas
- C. Ham & Cheese Sub

Green Beans

Cinnamon Roll 8

- A. Doritos Walking Taco w/Rice
- B. Chicken Wrap
- C. Turkey & Cheese Sub

Corn

Cheesy Eggs & Toast 12

- A. Chicken Parmesan w/Pasta
- B. Cheese Pizza
- C. Ham & Cheese Sub

Peas

Dutch Waffle 13

- A. Nachos Grande
- B. Meatballs w/Gravy
- C. Italian Sub

A&B: Rice
Corn

Breakfast Sliders 14

- A. Cheesy Chicken Casserole
- B. Cheeseburger
- C. Roast Beef & Cheese Sub

Carrots

Sausage & Cheese Biscuits 15

- A. Country Beef Fritter w/Dinner Roll
- B. Ham & Cheese Sub
- Ice Cream
- Cheesy Green Beans
- Mashed Potatoes w/Gravy

Breakfast Pizza 19

- A. Grilled Cheese Sandwich
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub

Tomato Soup

Cheesy Eggs & Toast 20

- A. Chili w/Corn Chips
- B. Chicken Nuggets
- C. Cold Cut Sub

Cinnamon Roll
Peas

French Toast Sticks 21

- A. Super Mexi Tots w/Bread
- B. Pork Rib Sandwich
- C. Italian Sub

Carrots

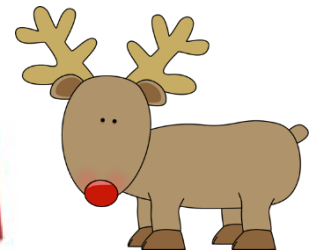
Egg & Cheese Biscuit 22

- A. Ham & Scalloped Potatoes w/Bread
- B. Pepperoni Pizza
- C. Ham & Cheese Sub

Corn



HAPPY HOLIDAYS



Breakfast Choices Offered Daily:

- Fruit & 100% Juice
- Breakfast Entrée
- Whole Grain Cereal
- Whole Grain Bread/Toast
- Low-Fat, Skim Strawberry & Skim Chocolate Milk

Lunch Choices Offered Daily:

- “A”, “B”, or “C” Entrees
- Fruit & Vegetable Bar
- Low-Fat, Skim Strawberry & Skim Chocolate Milk



CBM is an equal opportunity provider and employer.