

Meal Prices

Breakfast		Lunch	
Grades PK-6	\$1.75	Grades PK-6	\$3.00
Grades 7-12	\$1.80	Grades 7-12	\$3.05
Adult	\$2.05	Adult	\$3.55
Extra Entrée	\$1.00	Extra Entrée	\$1.55
Extra Milk	\$0.45	Extra Milk	\$0.45

August 2016

Irene – Wakonda School District Elementary School Menu



Monday

Tuesday

Wednesday

Thursday

Friday



**Eat Your 5 servings
Everyday!**



**Are You Hungry...All
Lunch Meals Include a
Nutrient Packed Fruit
and Vegetable Bar.**

Breakfast Pizza 17

A. Chicken & Noodles
w/Bread
B. Corn Dog

Peas

Cheesy Eggs & Toast 18

A. Beef & Cheese Burrito
B. Popcorn Chicken

A&B: Tortilla Chips
Corn

French Toast Sticks 19

A. Tator Tot Casserole
w/Bread
B. Cheese Pizza

Green Beans

Cheesy Eggs & Biscuit 22

A. Turkey & Gravy
B. Chicken Nuggets

A&B: Bread
Mashed Potatoes w/Gravy

Cinnamon Roll 23

A. Italian Dunker w/Sauce
B. BBQ Meatball Sub

Peas

Pancakes 24

A. Sloppy Joe
B. Hot Dog on Bun

Baked Fries

Breakfast Pizza 25

A. Spaghetti w/Meat Sauce
w/Breadstick
B. Chicken Wrap

Green Beans

26

No School

Long John Donut 29

A. Chicken Parmesan
w/Pasta
B. Cheese Pizza

Peas

Sausage Pancake Stick 30

A. BBQ Beef Sandwich
B. Breaded Pork Fritter
w/Bread

Mashed Potatoes w/Gravy

Waffles 31

A. Nachos Grande
B. Meatballs w/Gravy

Rice
Corn

Dairy Benefits:

- Brain Development
- Strong Bones/Teeth
- Sports Recovery
- Disease Prevention
- Maintain Strong Muscles & Bones



Breakfast Choices Offered Daily:

- Fruit & 100% Juice
- Breakfast Entrée
- WG Cereal
- Whole Grain Bread/Toast
- Low-Fat, Skim Strawberry & Skim Chocolate Milk

Lunch Choices Offered Daily:

- Fruit & Vegetable Bar
- Low-Fat, Skim Strawberry & Skim Chocolate Milk

Students may select one of the two entrée options

CBM is an equal opportunity provider and employer.